

# INTERNATIONAL BODYFLIGHT ASSOCIATION COACH RATING

#### **IBA COACH RATING DESCRIPTION**

#### Introduction

The IBA Coach fulfills and extremely important role within the sport of Indoor Skydiving, with involvement in the coaching of a variety of disciplines ranging from the development of basic flight skills to full

competition flying. As such, they contribute to the IBA's overarching safety culture and goal of providing the safest possible environment for Indoor Skydiving whilst still providing a rewarding experience to the flyers that you coach. As an IBA Coach you should demonstrating a genuine culture of excellence and safety within the community of IBA Flyers.

The IBA Coach is routinely involved with return flyers at all levels and therefore has a high level of responsibility for leading by example and by consistently operating safely in accordance with their level of qualification and the recognized and published flight procedures. Within this context, the IBA Coach

has a specific responsibility to support the local IBA Instructor to help maintain the safest possible environment. This is particularly important with highly experienced coaches who may operate alongside newly qualified instructors.

In addition, the IBA Coach will be expected to enthuse flyers and to encourage them to continue within the sport by joining the IBA. As such, the IBA Coach should have an in-depth knowledge of the IBA Flight Progression System and the skills that flyers require to progress within the sport.

The IBA Coach Pathway is detailed at Annex A and a rating may be awarded by an IBA Trainer Level 4 or above, who is also an IBA Coach Assessor and qualification will be conducted through a coaching assessment that requires the candidate to demonstrate a satisfactory level of safety knowledge, briefing/

debriefing skills, and the practical coaching of flight skills relevant to the specific coach rating. In addition, and prior to the final assessment, the coach candidate is required to complete the online "Tunnel Coach Ready" assessment", which is a written confirmation of understanding of the IBA Fundamentals of Coaching Guide.

Upon successful completion of the assessment, coach candidates will be awarded a coach rating for a specific flying discipline. The achievement will then be displayed on the coach's personal Flyer Rating chart on the IBA website.

Ratings may be suspended or revoked at the discretion of an IBA Trainer Level 4 or above, following any reported or observed breach of the endorsed IBA safety, training or operating procedures. Suspension or revocation can be appealed to the IBA Director of Safety and Training whose decision is final.

#### **IBA Coach Competencies**

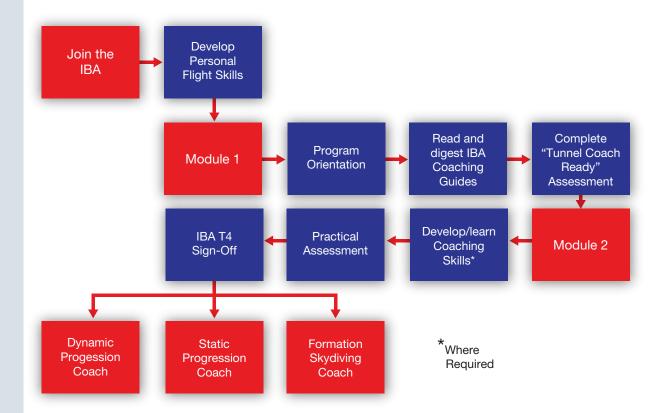
There are 3 main IBA Coach Ratings, based upon the main indoor skydiving disciplines. Each of these requires specific qualification and are explained in more detail at Annex B.

### **Specific Roles and Responsibilities**

IBA Coaches may not necessarily be employed by the host tunnel and the exact conditions of authority to operate within the tunnel will be a local Tunnel Operator decision. However, in order to hold and retain any of the IBA Coach Ratings there is an expectation from the IBA that certain roles will be conducted. These will vary depending upon the qualification, but as a minimum should include:

- Hold an active IBA Coach account on www.tunnelflight.com
- Regular coaching in all aspects of flight appropriate to their qualification
- Approved coaching skills within their abilities
- Compliance with host tunnel policies and procedures
- Whilst coaches will always be encouraged to demonstrate personality and technique, they should have knowledge of the IBA Flight Progression System and be able to use it appropriately
- Contribute to the wider indoor skydiving community by engaging with their respective customers to promote the sport and to encourage membership of the IBA

## The IBA Coach Pathway



#### **IBA Coach Rating Explained**

There are 3 IBA Coach ratings that are specific to each flying discipline. These include:

- IBA Formation Skydiving Coach
- IBA Static Progression Coach
- IBA Dynamic Progression Coach

#### **IBA Coach – Assessment**

The full IBA Assessment Strategy is contained within the IBA Coach Curriculum, but as a minimum the candidate coaches will be assessed on the following:

- Personal flight skills relevant to the Coach Rating
- Safety awareness and compliance
- Briefing and debriefing skills
- A minimum of one full coaching session

To be awarded an IBA Coach rating all candidates must also familiarize themselves with the IBA Fundamentals of Coaching Guide and the IBA Coach Manual. Before the final award of the rating, the candidate must also have successfully completed the "Tunnel Coach Ready" on-line assessment.

#### **IBA Formation Skydiving (FS) Coach**

Upon successful completion of the assessment, the IBA FS Coach may coach flight skills to the following Flyers:

- Flyers working towards IBA Level 1, who have previously demonstrated the ability to fly in a static position with little or no assistance and have been approved to progress by an IBA Instructor
- Flyers working through all FS Levels up to IBA Formation Level 4

#### **IBA Static Progression (SP) Coach**

Upon successful completion of the assessment, the IBA SP Coach may coach flight skills to the following Flyers:

- Flyers working towards IBA Level 1, who have previously demonstrated the ability to fly in a static
  position with little or no assistance and have been approved to progress by an IBA Instructor
- Qualified IBA Level 1 flyers working towards IBA Level 2 Back Fly, including all relevant transitions
- Flyers working through all Static Progression levels From Level 3 up to Pro, including all relevant transitions

#### **IBA Dynamic Progression (DP) Coach**

Upon successful completion of the assessment, the IBA DP Coach may coach flight skills to the following Flyers:

- Flyers working towards IBA Level 1, who have previously demonstrated the ability to fly in a static position with little or no assistance and have been approved to progress by an IBA Instructor
- Qualified IBA Level 1 flyers working towards IBA Level 2 Back Fly, including all relevant transitions
- Flyers working through all Dynamic Progression levels From Level 3 up to Pro, including all relevant transitions